



FST Primary Schools Federation

# Allergy Awareness Policy



*Love, Learn and Grow Together*

*At Foston CE and Terrington CE (VA) Schools, our commitment is to exploring sustainability, affirming diversity, embracing community, and inspiring creativity. Our core Fruit of the Spirit values of love, joy, patience, and self-control are rooted in the words of St Paul (Galatians 5 v 22-23). These Christian values are fostered in the pupils and staff, building an ethos where all can flourish.*

*At Stillington Community Primary School our commitment to exploring sustainability, affirming diversity, embracing community, and inspiring creativity is rooted in the core values of love, joy, patience, and self-control. These core values are fostered in the pupils and staff, building an ethos where all can flourish.*

Agreed by the Governing Board: November 2023

Next Review: November 2024

At FST Primary Schools Federation we are allergy aware schools. There are a number of students at our schools who have severe food allergies. The most common allergens are nuts, (peanuts, almond, Brazil nuts, cashew nut, hazelnut), eggs and sesame.

The most serious risk in our school is nut allergies which can cause life threatening anaphylactic reactions to some of our students. The aim of this policy is to reflect what we can all do to minimise the risk to children with allergies, whilst appreciating that we cannot be completely confident that all food items brought in are nut free or that another child has not consumed nuts before coming into school.

#### Aims of this policy

- To provide a safe learning environment for all members of the school community
- To raise the awareness of all members of the community regarding severe allergies

#### Management

The Allergy Aware policy will be managed by:

- Parents and caregivers being requested NOT to send food to school that contains nuts (especially peanuts). This includes all types of nuts, peanut butter, Nutella, and food containing nuts.
- Our school kitchen and food are already nut free and we do not supply any ingredients in food technology that have nuts or nut derivatives.
- Staff supervising eating at lunch time.
- Students being encouraged NOT to share food.
- Students being encouraged to wash hands before and after eating.
- Staff training in understanding and dealing with Anaphylaxis (severe allergic reactions) as the need arises.

#### Promotion

The policy will be promoted by:

- A copy of this policy being issued to all parents and caregivers.
- Staff being informed and provided with training opportunities.
- Publication of this policy on the school website
- Pupils being informed via teachers, support staff and signs:
  - to be responsible when eating and handling food both inside and outside of school.
  - helping students to understand that foods they can enjoy eating can also be dangerous to others.
  - encouraging pupils to support others with allergies, by eating and handling food responsibly.

#### Risk Assessment regarding Nut Allergy

- Staff will be alert to any obvious signs of nuts being brought in, but they will not inspect all food brought into school.
- If staff do notice a student that has brought in food that contains nuts or nut products, these items will be removed and if required an alternative will be provided from the school kitchen.